Care Corner Singapore Ltd



Families Support Services

1 Tampines Walk, Our Tampines Hub #04-35

Singapore 528523

Tel: 6978 4090 | Email: ffl@carecorner.org.sg

Dear Parents,

Warmest greetings to you from Care Corner Families for Life!

We are excited to invite you to our upcoming Positive Parenting Programme (Triple P) now available in **three languages** to better support our diverse families.

Upcoming Online Seminar Series in July

This series of online parenting seminars aims to equip you with strategies to:

- Confidently manage your child's behaviour
- Prevent the development of behavioural and emotional challenges
- Build stronger and healthier relationships between you and your child

The details of these upcoming seminars which will be conducted via **Zoom** in the following language options:

Option 1: Chinese Language Seminar 中文讲座

第一与第二堂讲座: 2025 年 7 月 19 日(星期六), 上午 9 点到上午 11 点 30 分第三堂讲座: 2025 年 7 月 22 日(星期二), 晚上 7 点 30 分到晚上 9 点 30 分

请点击链接报名: <u>https://go.gov.sg/triplep-r8</u>

Option 2: Malay Language Seminar | Pilihan 2: Seminar dalam Bahasa Melayu

Sesi 1 & 2: Sabtu, 19 Julai 2025, 9:00 pagi – 11:30 pagi **Sesi 3:** Selasa, 22 Julai 2025, 7:30 malam – 9:30 malam

Daftar di sini: https://go.gov.sg/triplep-r9

Option 3: English Language Seminar

Session 1 & 2: Saturday, 19 July 2025, 9:00 AM – 11:30 AM **Session 3:** Tuesday, 22 July 2025, 7:30 PM – 9:30 PM

Register here: https://go.gov.sg/fflt-l2cr10

Please note: Each parent is required to register **individually** using the links above or using the QR code in the attached poster to secure their spot. Please choose **one language option** and commit to attending **all sessions** within that option.



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Spaces are limited, so be sure to sign up before they fill up!

We look forward to supporting parents on their journeys and helping establish happier family lives!

For more information about our programmes and services, please contact us at ffl@carecorner.org.sg or 6978 4090.

Thank you.

Rooting for you,

Care Corner Families For Life

Care Corner Singapore Ltd

Facebook & Instagram: @carecornersg www.carecorner.org.sg



Triple P Programme is an endorsed programme by Ministry of Social and Family Development (MSF)



POSITIVE

Parenting Programme

For Parents with <u>Primary School Children</u>

Staying/studying in Pasir Ris/ Punggol/ Tampines

About the programme

Triple P programme introduces parents to the core principles of positive parenting, strategies to teach children important values and help children learn social-emotional regulation skills.

- All seminars are held online
- Each session covers different topics

Dates: Sat, 19 July 2025 Tues, 22 July 2025 Time:
9am to 11.30am
7.30pm to 9.30pm

(Please register individually and select one option based on your preferred language*)

OPTION 1

ENGLISH

<u>Click here</u> or Scan the QR code to reserve this time slot!



OPTION 2

CHINESE

<u>Click Here</u> OR Scan the QR code to reserve this time slot!



OPTION 3

3 Parenting Topics:

Raising Confident &

Competent Children

Raising Resilient Children

Power of Positive Parenting

MALAY

Click Here OR Scan the QR code to reserve this time slot!



Organised by:

Care Corner Families For Life

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